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*The Foolishness
of Worry*



*Look at the birds of the air:
they do not sow or reap or store away
in the barns, and yet your heavenly
father feeds them. Are you not
much more valuable than they?*

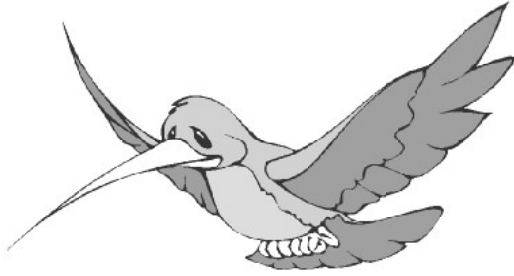
*Who of you by worrying
can add one single hour to his life?*

Matthew 7:27, 28

*Consider the ravens:
they do not sow or reap,
they have no storehouse or barn;
yet God feeds them.*

*And how much more valuable
you are than birds.*

Luke 12:23, 24



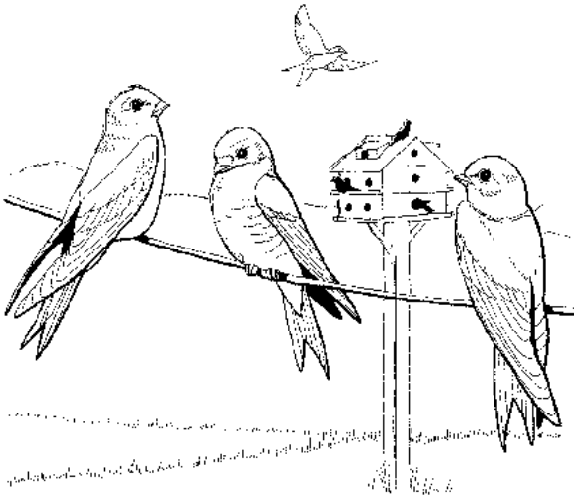
The Worrier

I've heard of global warming
and I'm sure that you have, too.
And then there is the ice age group,
so what's a guy to do?
It's not so good to get too hot,
nor should we get too cold--
It sounds like these are just about
like tales the old wives told.
It seems like folks want scary things
to make their lives complete
So they can talk with cronies
how these things they must defeat.
If they'd accept the weather
and the things that come their way
They might find life is pleasant
and that worry does not pay.

Do not be anxious about anything,
but in everything, by prayer and petition,
with thanksgiving, present your requests to God.
Philippians 4:6

Impressions

I wonder if you've thought of it,
but every time you meet
Or have a conversation
with a person on the street,
You leave a little of yourself
and I think you will find
That you've made an impression
that may linger in their mind.
So think about the words you speak
and in what tone of voice--
A lot of folks could use a lift
so make their heart rejoice.





Now if you want to worry, friend,
and fill your life with dread
Just go ahead and ruminate
until the day you're dead.
There's lots that you can think about
to make your life a mess,
Although most things won't come to pass,
its stuff to do, I guess.

I rather doubt a falling star
will drop upon your tent,
You'll prob'ly always have a home
if you keep up your rent.
You may not ever see a flood
or suffer in a drought,
But other things could happen, friend,
you've heard by word of mouth.

What if a thief would steal your car?
and what if you'd get sick?
You could get bitten by a snake,
or even by a tick.
And what if folks don't like the way
you trim your lawn and grass,
Will this bring worry to your mind
or will you let it pass?

There's surely lots to think about
to drive you up the wall
And you can be unhappy, friend,
it won't be hard at all.
But you don't have to live this way--
you can improve your lot
If you will change the way you think
and give it all you've got.

The Bible says that we should think
on what is good and true,
If we trust Him to care for us
our worries should be few.

Finally, brothers, whatever is true, whatever is noble,
whatever is right, whatever is pure, whatever is lovely,
whatever is admirable . . . think about such things.
Philippians 4:8

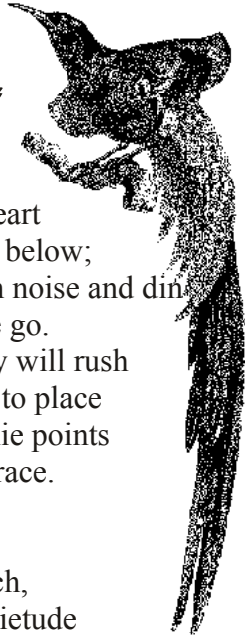
A Quiet Heart

It's hard to have a quiet heart
while we live here below;
Somehow there's so much noise and din
most anywhere we go.
Folks seem to think if they will rush
and go from place to place
They'll get a lot of Brownie points
by winning every race.

With radios and TV sets
and videos and such,
The time they spend in quietude
does not amount to much.
Of course, we're sold a bill of goods
that wealth is true success,
Or if you have your name in print
it's pretty good, I guess.

I'm not too sure they have it made,
it rather seems to me
That folks who have a quiet heart
feel like they are set free.
They're free to sing or hum a tune,
they're free to smell the flow'rs
With God's creation to enjoy
they spend their days and hours.

So envy not the busy folks
who go and go and go,
A quiet heart and peace of mind
is awfully good, you know.





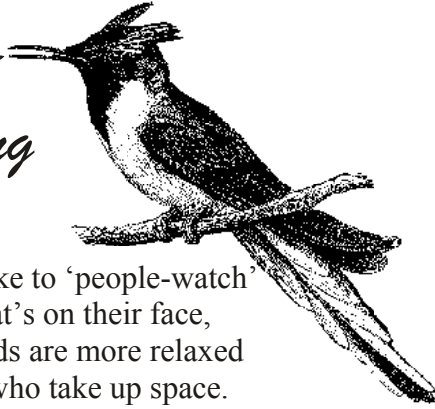
Get Started

Don't wait until tomorrow
to get started on your dreams,
Some folks may think they can't begin
because they have no means.
Though people may have lots of dough
while others are quite poor,
You'll find that wealth is not success,
there's love and so much more.

God put within the heart of man
a yen for peace of mind,
And this cannot be satisfied
until God's peace they find.
The folks who go to bed at night
with joy and peace inside
Have found the answer to their dreams
and take things in their stride.

Don't worry if you are not rich
or fame is not your part,
The best thing you could ever have
is Jesus in your heart.
I can do everything through him who
gives me strength. Pilippians 4:13

*People-
Watching*



Sometimes I like to 'people-watch'
and see what's on their face,
It seems the kids are more relaxed
than some who take up space.
A lot of folks just rush along
ignoring passers-by
And seem depressed and all up-tight.
It makes me wonder why.

God made the earth so beautiful
and we have it on loan
We really should enjoy the place
for we're not left alone.
God said if we would do His Will
and trust Him and obey
We need not get bent out of shape
like some folks are today.

I think God wants us to enjoy
the time we spend down here
So throw away depressive thoughts
that make you live in fear.
So read your Bible faithfully
and gather all the facts
You'll find God wants His best for you
and live life to the max.

God, who richly provides us with everything
for our enjoyment. 1 Timothy 6:17b

Tomorrow

Some folks worry 'bout the future,
(even lay awake at night),
They count their problems one by one
until the morning light.

I guess these folks don't realize
its all a waste of time
For worry will not solve a thing
though it won't cost a dime.

It surely would be better far
if they would say a prayer
And leave tomorrow up to God
for He's already there.

Therefore
do not worry
about
tomorrow
Matthew 6:34





The Best Answer

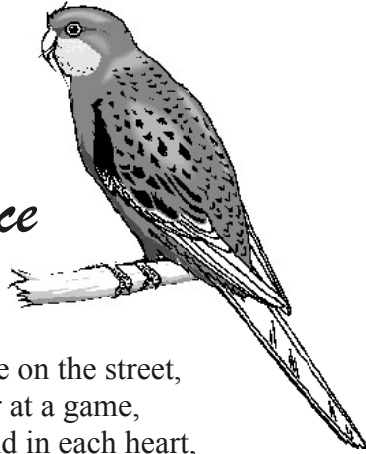
Some folks will worry day and night
(and hardly take a break)
About a lot of trifling things
that keep them wide awake.
They toss and turn from side to side
and sometimes take a pill,
And hope they'll get a bit of sleep
while it is dark and still.

When small stuff kinda' gets your goat
and nags away at you
Just give your problems to the Lord,
He knows just what to do.
If you need to apologize
for what you've done or said
Those magic words may give you peace
and clear things in your head.

I think it's kinda' foolish, too,
if someone did you wrong
To keep that thing deep in your heart
and let it steal your song.
It's better far to just forgive
and get it off your chest,
Then when you go to bed at night
you'll find both peace and rest.

Forgive as the Lord forgave you. Colossians 3:13c

*Behind
Each Face*



When you see people on the street,
in church, or at a game,
Behind each face, and in each heart,
no matter race or name,
There dwells a soul that's reaching out
for answers in this life,
For many folks don't understand
their turmoil and their strife.

There are some things they'd like to have,
some things they'd like to be,
Just like the folks with lots of clout
whose wealth we plainly see.

I think God has a special love
for simple, common folk,
He's not impressed with what they own,
or even if they're broke.
He meets the need of ANY heart
that will His Word obey
So let God know what's in your heart;
He'll answer when you pray.

Blessed are those that hunger
and thirst after righteousness,
for they shall be filled. Matthew 5:6



What Is Really Important

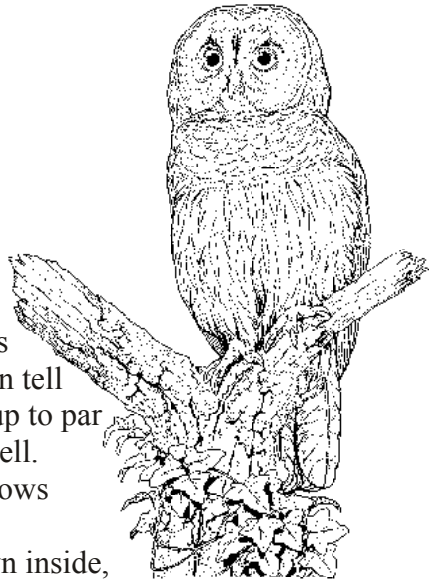
Its not how much you know, my friend,
or what degrees you hold,
It matters not what car you drive
or what you've bought or sold;
It makes no difference where you live
on boulevard or street,
Its not important if your job
is at the County Seat.

Folks aren't impressed with clothes you wear
or where you buy your stuff;
It matters not how big your house
and if its up to snuff.
A lot of things don't matter much
to people everywhere
Until they see within your heart
how much you really care.

Love always protects, always trusts,
always hopes, always perseveres.
Love never fails. 1 Corinthians 13:7,8

Eyes

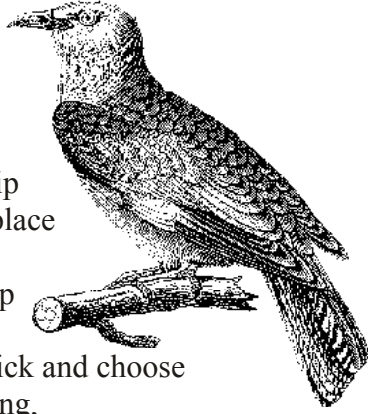
If you look in a
person's eyes
you pretty well can tell
If they are feeling up to par
or if not feeling well.
It seems those windows
of the soul
reflect what's down inside,
They can show anger, love, or hate,
or loneliness, or pride.



How nice to meet a happy soul
with sparkling eyes and smile;
This can be quite contagious, friend,
and make a life worthwhile.
It's not much fun to chat with folks
who have no smile nor song
And tell you all their problems
and how life for them went wrong.

But things don't need to stay that way;
God has a better plan:
He gave His Son to bridge the gap
between His Heart and man.

Packing



If you are going on a trip
or moving place to place
Sometimes its hard
to pack things up
into a tiny space.

Of course we have to pick and choose
the stuff we take along,
Complaining how we hate to pack
and so may lose our song.

But have you thought about those folks
who have no stuff to pack
And most the things they call their own
they carry on their back?
So when you rummage through your stuff
deciding what to take
Thank God that He has blessed you so,
a difference it will make.

So when you get your luggage out
and pack it to the brim
Just kinda' hum a happy tune
that pickin's are not slim.
An attitude of gratitude
could make your day more bright
And God would love to hear you sing,
so why not do it right?

Come let us sing for joy to the Lord . . .
Psalms 95:1

Molehills or Mountains?

When molehills seem like mountains
it is pretty hard, you know,
To keep yourself on top th' heap
as through the day you go.
Sometimes things seem much bigger
than they really, really are
And if we give them more than due
we won't feel up to par.

Sometimes the road gets long and steep
with seemingly no end,
But don't give up, oh friend of mine,
God wants to be your friend.
He really could change things around
so when the mountains come
They'd only seem like molehills
then you could sing and hum.



If you have faith
as small as a grain
of mustard seed,
you can say to this
mountain, move. . .
and it will move.
Matthew 17:20, 21

It Is Love



A lot of folks don't know it
and may never find it out
That love's the greatest thing on earth
that we can know about.
Some folks think having lots of cash
along with some success
Will solve a lot of problems
and will give them happiness.

Big bucks are not the answer
that will give one peace of mind
And help a fellow sleep at night
and cause him to unwind.
The folks who really love the Lord
and love their neighbors, too,
Are miles ahead of other folks
who don't know this is true.

When Jesus came down to this earth
two thousand years ago
He didn't come so He'd get rich
and have a lot of dough.
He left His riches far behind
where streets are made of gold,
He came because He loved us
is the truth that we are told.

Don't worry if you are not rich
or even come to fame--
There's something that is better, folks,
it's love in Jesus' name.

Look in the Book

It's awfully hard when things go wrong
To hum and sing and keep a song.

Is there a way to help us cope
When we have lost our joy and hope?

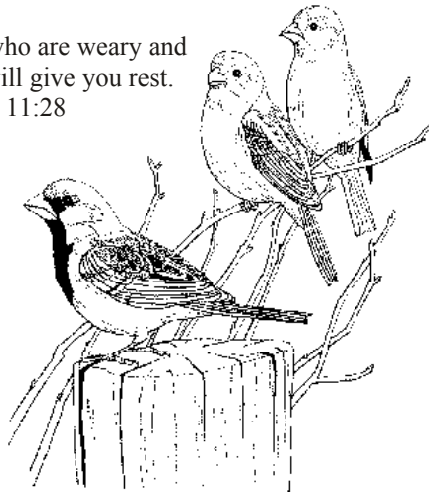
When pills don't take away the pain
And friend's advice seem all in vain,

When no one cares and we're alone
And we would like to weep and moan?

Friend, there's a place where we can look,
We'll find the answer in God's Book.

I think the Bible says it best:
"Come unto Me, I'll give you rest."

Come to me, all who are weary and
burdened, and I will give you rest.
Matthew 11:28



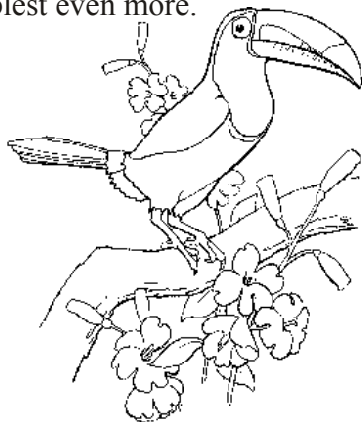
Leftovers

I wonder if you've heard some folks
speak of leftover food,
I've eaten quite a bit of it
and haven't come unglued.
If folks would think on this a bit
it could be they would find
That it's a sign of bounty
when there's food that's left behind.

The very poor and destitute
don't have much on their plate
And eat up every scrap of food
and think that it is great.

So if you hear a person say,
"I will not eat that stuff"
Remind him that a lot of folks
just never have enough
And he should share his bounty
with the weak and with the poor
And if he gives a lot he'll find
he'll be blest even more.

He has scattered
abroad his gifts
to the poor;
his righteousness
endures forever.
2 Corinthians 9:9



Giving

If God gave to us like we give to Him
Would our cup run over, or would life be grim?

God loves all the folks who do cheerfully give
And they have discovered a great way to live.

We all have more blessings than we'll ever count
So give to the Lord a big, generous amount.

Not only the giver feels blest in his heart
But others are blest when we do our part.



You will be made
rich in every way
so that you can be
generous on every
occasion,
2 Corinthians 9:11